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RURAL ALIVE & WELL

Rural Alive & Well (RAW) is passionate about delivering genuine and authentic, early intervention suicide prevention for rural and remote communities.

RAW specialises in delivering proactive outreach and one-on-one psychosocial support that addresses situational stressors and increases protective factors, to minimise the risk of suicide.

RAW is 'non-clinical', genuine and non-intrusive. The service is confidential with no fees for participants.

RAW's staff have first-hand experience with the complexities of living and/or working in rural, remote and primary industry sectors. Staff each have backgrounds in Tasmanian Dairy, Livestock, Cropping, Mining, Wool Production, Forestry, Transport and Seafood.

TASMANIAN SEAFOOD INDUSTRY COUNCIL (TSIC)

The Tasmanian Seafood Industry Council (TSIC) is the peak body representing the interests of wild capture fishers, marine farmers and seafood processors in Tasmania.

Tasmania is the largest producer of seafood by value in Australia and is a supplier of high quality fresh and frozen seafood produce to the 8 out of 10 Australians who buy seafood and to valuable export markets, principally in South-east Asia.

The Council works in conjunction with the industry sector groups to ensure that all sectors of industry are ecologically sustainable and make an ongoing economic contribution to the Tasmanian economy, particularly in regional areas.

ABOUT THE PROGRAM

The harsh reality for the Tasmanian seafood industry is that health and well-being are often neglected.

The Stay Afloat program was created by TSIC and is delivered across Tasmania in partnership with Rural Alive & Well, to ensure a sustainable and thriving seafood industry.

The Stay Afloat program delivers a holistic, multilayered approach, involving education, awareness and practical support that is tailored to the unique situational stressors experienced by individuals working or operating within the Tasmanian seafood sector.

By partnering with RAW, the Tasmanian Stay Afloat program is able to deliver one-on-one support to people across the industry. The support specifically addresses and helps individuals work through unique situational stressors and challenges associated with the seafood industry.

The team at RAW have unique, first-hand experience within the seafood industry, having extensive experience in wild-catch and aquaculture.

Dedicated outreach workers, Chris and Mark, provide genuine and authentic support. It doesn't matter whether it's in the slip yard, wharf, on the boat, in the hatchery, factory or lab, conversations happen wherever you are most comfortable.

REFER:

WEB: www.rawtas.com.au/refer

CALL: 1300 HELP MATE (4357 6283)

ENGAGE YOUR WORKPLACE:

WEB: www.rawtas.com.au/contact

CALL: 1800 RAW TAS (729 827)



GET INVOLVED TODAY

The Stay Afloat program is made possible with thanks to the following generous sponsors:

