



ANNUAL REPORT 2020

A MATE ON THE PATH TO
MENTAL WELLNESS.

Our Mission Statement:

Reduce the prevalence of suicide in rural communities by assisting and supporting communities and individual's response to adversity through early intervention, facilitation and prevention strategies.

CURRENT RAW BOARD :

PRESIDENT: IAN MCMICHAEL OAM

VICE - PRESIDENT: NICK GODDARD

VICE - PRESIDENT: DIANNE FOWLER

TREASURER: ANDREW DUNBABIN

PUBLIC OFFICER: VIRGINIA MUDIE

SECRETARY: ROBIN THOMPSON

GENERAL OFFICERS:

DR ROB WALTERS

ANNE DOWNIE

THOMAS WINDSOR

LYNN MASON

AMBASSADORS:

JOHN JONES OAM

LEONIE YOUNG MAICD



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FROM THE CEO

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From the Chair:



It gives me great pleasure to present the 11th Annual Report of Rural Alive & Well Inc. for the year of 2019/2020.

The changes to our lifestyle within the community and fields of operation have changed quite dramatically throughout the last 12 months.

It has been a testing time - Drought on the East Coast, Floods, Covid 19 and a complete review of our operation within RAW.

Our RAW programs are unique and broadly recognized as a national practice leader in the prevention of rural suicide and the promotion of rural mental health and well-being. RAW, with the collaborative contribution of other communities and services throughout Tasmania, has seen a positive downward trend in suicides within rural Tasmania.

The pressure for our services continues to push boundaries. RAW could not do this work were it not for our partners, the three tiers of government and the private sector. I acknowledge both Federal and State governments for their ongoing interest and support; Local government for their active participation; and members of the private sector, notably W D Booth Trust and Rotary Australia to name but a few.

To you all, and the many individual donations; Your generous support is certainly appreciated.

During the course of the year, Mr John Tuskin and Mr Noel Beven retired from The Board after years of strong contribution. I thank them for their counsel and dedication to the ongoing work of RAW. Mr Andrew Dunbabin and Mr Tom Windsor joined the Board and we look forward to their input.

Mrs Barb Walters commenced as our new CEO in July 2019. Her leadership and the input of the staff during these extraordinary times has been exemplary, particularly when considering the rapid changes that had to be made. A sincere thank you.

To my fellow Board members, it continues to be a team effort. Your dedication and advice continues to strengthen the recognition of the RAW brand.

On behalf of our rural and remote communities, I sincerely thank you for your continuation to drive our vision and objectives for the betterment of individuals and communities in the more inaccessible areas of Tasmania.

Ian McMichael OAM

From the CEO:



Reflection, Restructure and Rejuvenation has been my focus since starting at RAW in July 2019.

Reflection

As a new CEO it was important to gain an understanding of how the organisation operates, what works well and what needs to be improved. I spent time on the road with our Reach Out Coordinators, listening, learning and interacting with the people who rely on RAW for support, who trust us to share their highs and lows as they navigate through life.

A series of reviews have been completed over the last 12 months, including administration, finance, events, promotions, structure and programs. Each review was conducted in collaboration with relevant staff and stakeholders to ensure that we achieved quality improvement across all areas of the organisation.

RAW has been supporting rural Tasmanian's for over ten years and doing it well, we shouldn't take mental health and wellbeing for granted. Good mental health and wellbeing is on a continuum, where the gauge can trip from being well (green), to being impacted by situational stressors (amber) to having a diagnosable mental illness (red) and back again. The amber space is where RAW can really help, by assisting people to stay out of the red zone by addressing the situational stressors (eg relationship issues, financial worries, traumatic events, physical health, isolation, loneliness, family or work pressures) that can impact on wellbeing. Often, after the practical issues have been resolved with a little help many people will be able to bounce back to the green zone.



Restructure

We added a Practice Consultant role to our team, consolidated our business and administration functions to reduce overheads. Improved our referral intake process, enhanced our service delivery model including articulating RAW's strengths and areas of expertise highlighting the need to work collaboratively with other service providers to provide wrap around support for individuals, updated and refreshed all position descriptions with clear accountabilities and boundaries.

RAW launched two new programs; Next Gen and Response for Recovery and revamped our Wise Minds social enterprise formerly known as Training and Capacity.

Internal working groups were established to provide staff with an opportunity to contribute and share their knowledge and expertise while working towards a common goal focussing on; Stakeholder relationships, RAW Impact, Next Gen and Marketing & Promotion.

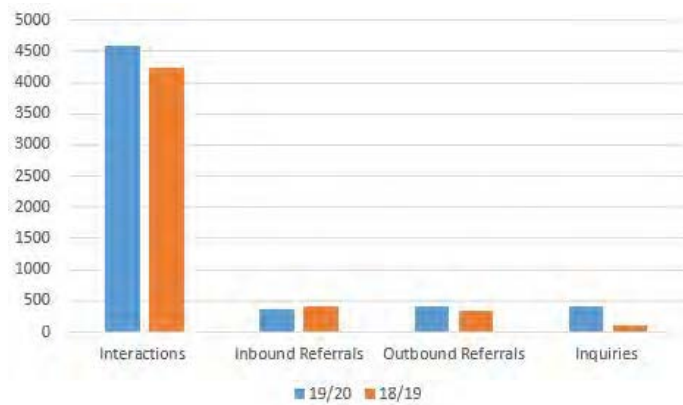
Rejuvenate

The office at Oatlands has been given a fresh look, providing staff and guests with a welcoming environment to visit. The tired fleet of cars has been upgraded and rebranded ready to travel all around Tasmania checking in on our mates. Not stopping there, we also have a new website, new uniforms and our social media pages are fresh and informative.

There is a renewed focus on staff wellbeing and morale at RAW and I congratulate the RAW Board on the appointment of board member Virginia Mudie into the role of Wellbeing Officer. The RAW Board, led by Ian McMichael are committed to the organisation and the people we represent. I would like to thank the RAW Board for supporting my team and I to ensure we are able to focus on delivering support to those who need it most.

A global health pandemic certainly wasn't something that I had factored into my operational plan, however I couldn't be prouder of the way the RAW team responded and quickly adapted our service delivery method to ensure we could still offer support while adhering to restrictions and maintaining our own health and safety.

As part of the state government's response to Covid-19 RAW received additional funding which enabled additional numbers in our increase our workforce to meet the rapidly increased demand for our support. The funding enabled us to recruit a dedicated worker for the Stay Afloat initiative, a collaboration between the Tasmanian Seafood Industry Council and RAW.



Client interactions have increased over the past year. Inbound referrals declined slightly, although inquiries significantly increased which indicates that our new intake process is effective and we are now able to differentiate between a general inquiry/advice request and a genuine referral. The number of outbound referrals for specialist support services has increased. This is further indication that our updated service delivery model is providing the intended wrap-around support to ensure that the complex needs of clients are being met.

Moving forward into my second year as CEO I will be focusing on establishing stronger networks, and partnering with other services providers and local communities to develop and deliver strategies to enable communities to work together to reduce risk factors associated with suicide.

I would like to congratulate Kristy Mayne on 10 years of service to RAW, this is an outstanding achievement. Kristy was promoted to Team Leader earlier this year and I am pleased to have Kristy sharing her wealth of experience and expertise with our team.

There is a mixture of long term and new staff at RAW, providing a strong balance of experience, expertise and enthusiasm for the future. I would like to sincerely thank my team for the courage and dedication they have displayed over the last 12 months, their honesty and genuine desire to make a difference is inspiring and I look forward to working with them on the exciting projects that we have underway for 2020/2021.

Through this period of reflection, restructure and rejuvenation we have farewelled several staff members, I would like to take this opportunity to acknowledge their service to RAW and thank them for their contributions.

I am proud to be leading the RAW team into its second decade of supporting Tasmanian's doing it tough.

Barb Walters
CEO





Rural Alive & Well has developed programs that offer practical, real support to Tasmanians.

*From disaster relief initiatives that delve beyond an initial response, to training businesses to be better equipped to manage mental health in their workplaces:
RAW has a program for people at every stage of their path to mental wellness.*

C H A P T E R O N E

RAW PROGRAMS

Programs in Practice: Nevenka Alempijevik.

I was honoured to be appointed to the role of Practice Consultant for RAW in January of this year. My role is to implement best practice principles and frameworks for our programs and supporting RAW staff in response to the negative impacts of their work from both, the internal and external pressures.

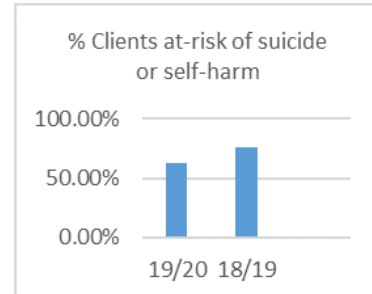
I have worked closely with Barb to review RAW programs and we identified three broad areas of focus for this year;

1. Tracking trends within programs;

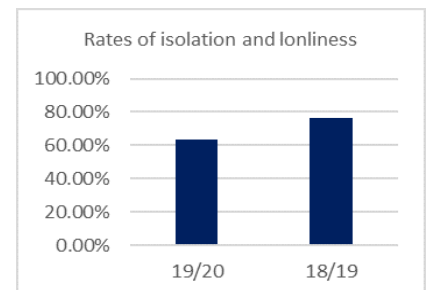
It is no surprise to anyone that COVID-19 has added a complexity to the impact it had on individuals as well as how organisations have had to adapt to the government restrictions.

In terms of client presenting problems, we have seen a slight increase from 26.4% to 31.1% of clients identified to have suicidal and self-harm ideation.

Based on experience and the current situational stressors I am predicting that the level of support needed, will rise significantly once COVID-19 rates reduce and we need to stay vigilant in connecting with the rural communities.



Other presenting issues which have been on the rise this year are: family violence, alcohol and other drug use, people struggling with depression, anxiety and isolation, job loss/job reductions, family conflict and physical health issues. Surprisingly the number of people who reporting feeling isolated and lonely has decreased slightly from 76.7% last year to 63.3% this year.



2. Upskilling staff to an appropriate level of expertise to ensure RAW has a consistent service delivery model providing high quality support;

It was identified that a more consistent professional development and training strategy was required at RAW. We have implemented competency based training in the following topics this year: Case Note Writing, RAW Suicide Awareness, Vicarious Trauma training and Maintaining Appropriate Professional Boundaries. I am pleased to say that we have rolled out three of the four training sessions and staff have found them useful in improving and validating their client work and increasing consistency of case note recording across the state.

3. Implementing a consistent approach to practice and ensuring that our staff receive regular professional supervision;

RAW introduced a formal intake process over the last 12 months, this process involved Team Leaders and myself. All referrals to RAW are now assessed for suitability and allocated to the appropriate team member based on the individual needs of the client to ensure we are able to provide the necessary support. RAW's response time is still prompt and reliable, referrals can be escalated if they are deemed urgent.

Staff at RAW have always been offered the option of professional supervision but most were not utilising it affectively on a regular basis. This was identified as a significant risk to the organisation and we have made staff supervisions compulsory on a monthly basis. Currently I provide supervision for staff through a structured, purposeful and goal oriented discussion.

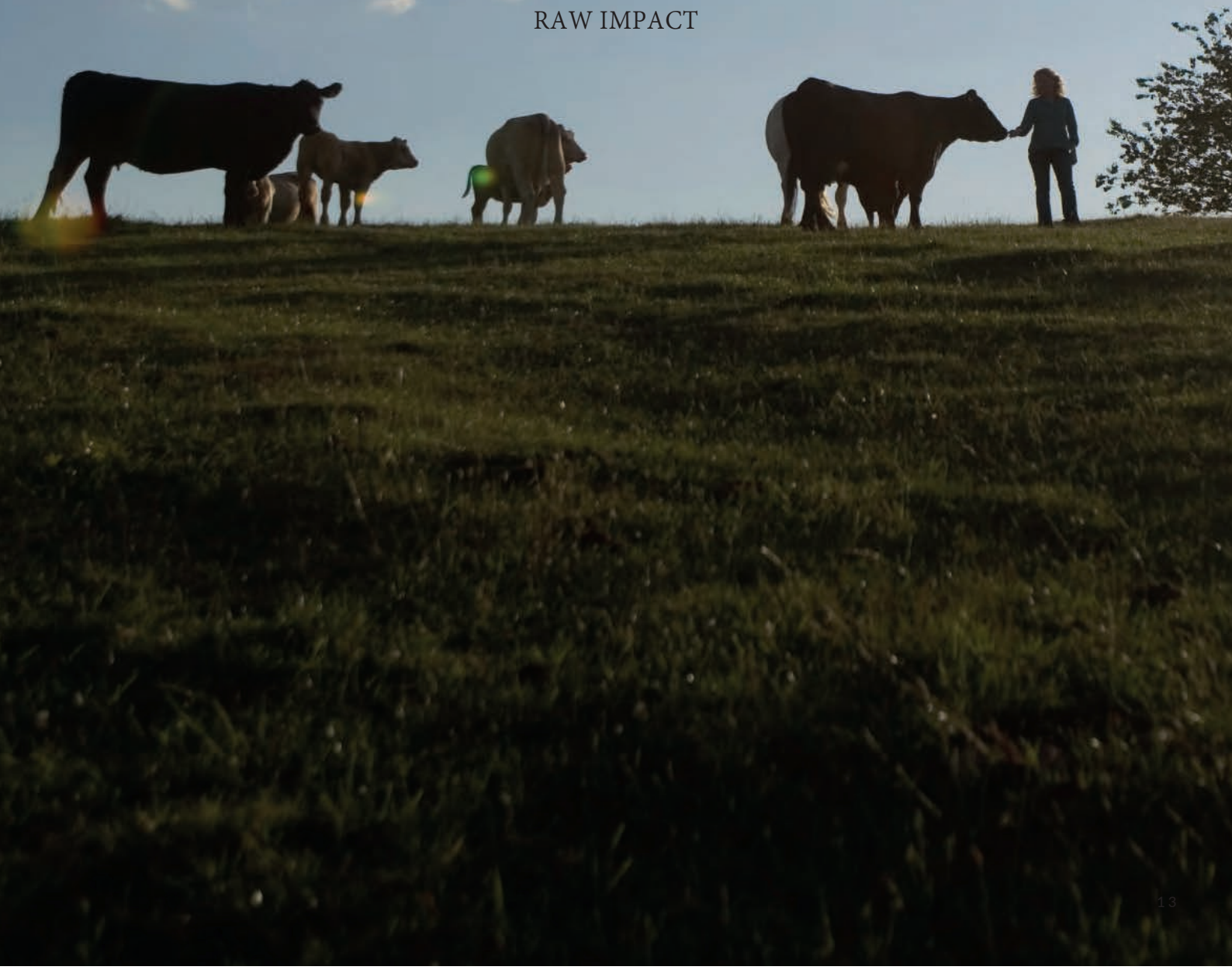
I look forward to seeing how RAW progresses and grows in the coming years and have pride in being one of the team members.

Nevenka Alempijevik
Practice Consultant



Reach-Out Coordinators conduct regular farm and house visits, making contact with those who traditionally have been isolated over-looked or simply need to 'talk to a mate.'

Chapter overview:
Reach Out
RRR
Next-Gen
RAW IMPACT





RAW has been providing assertive outreach across Tasmania for more than a decade, reaching out to Tasmanian's doing it tough. Our Reach Out coordinators work with individuals, families and communities to build resilience and capacity to react to challenging life experiences.

We focus on individualized practical support, taking the time to connect with people and provide the support they need and/or refer them to other services.

Our approach is non-clinical, caring, confidential, non-intrusive and available when and where the help is needed. We are culturally sensitive and trained to deliver services which encourage recovery and prevent repeat suicide attempts and deaths. Our coordinators also work within rural communities across Tasmania to initiate much needed community wellbeing programs and activities.

During the peak of the Covid-19 pandemic the RAW team moved to working from home and, whilst we already participated video conferencing and offered phone support, it was an adjustment to move 100% of all meetings and engagements to online or via the phone. We recognised that our organisation's strength is having our team out and about in the community making face to face contact with individuals and the community. Balanced with the need to keep our team safe – we modified our Reach Out programs. These modifications enabled the RAW team to better support and meet the needs of individuals and communities through the lockdown and restricted period. RAW offered the following services;

Reach Out Coordinators worked with local councils, businesses and organisations to provide additional support to vulnerable members of the community including delivery of essential items to those that were unable to leave their home.

For those clients who were completely isolated with limited access to phone and internet and live alone, Reach Out Coordinators still checked-in, coordinators were provided with PPE, strict protocols and guidelines including adhering to all health and legislative requirements regarding appropriate social distancing and hygiene procedures.

Once the restrictions eased, there was no stopping our Reach Out Coordinators getting back on the road to support their mates in rural areas.

“Today was good. He has been in a really bad way for a while now. The worker seemed to get him to talk about things that we haven't been able to. Hopefully we can get him back around footy and friends. I have just spoken with the wife how good he was and she said it's good to have someone help with these things that we have tried for so long and got nowhere. Really appreciate RAW helping it means a lot to us. Cheers”

A participant's parent provided this feedback after their son engaged with a member of Reach Out staff.



Response for Recovery provides a strategic and coordinated response to events that have a detrimental effect on communities. That means we're on the front line in response to bushfires, floods, pandemics and other natural disasters, industry-wide downturns and community-wide adversity.

This year, the Covid-19 pandemic left many people feeling more isolated than ever. Some services halted operations, but our Response for Recovery team were able to continue with strict health practices.

These situations have a profound impact on individuals and communities that can be long-lasting and life-changing.

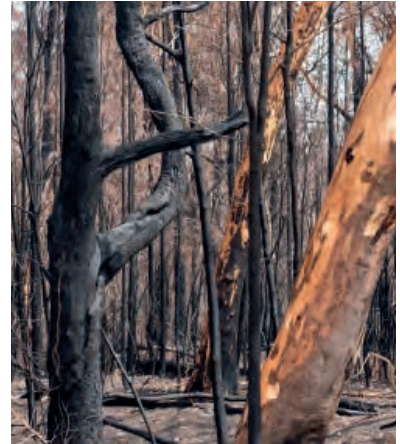
The way in which individuals cope and react to such challenges will vary and evolve over the subsequent weeks, months and years following the event. Our team is equipped to respond rapidly in emergencies and to work with communities and individuals alike in the longer term.

Wide-spread adversity can impact negatively on employment and availability of jobs. RAW offers a holistic approach to helping people find work. Our coordinators introduced a practical career guidance program for people affected by the rapid and wide-spread job losses associated with the health crisis. This response included help preparing resumes, job applications and accessing funding for training.

At the same time, our team aided people to overcome other barriers which may have prevented them to find suitable work.

Our coordinators support seafood industry members through Stay Afloat: a partnership with the Tasmanian Seafood Industry Council, which aims to keep the community connected and prevent deterioration of wellbeing.

The Response for Recovery team reaches out assertively to drought-affected individuals and communities. Drought has an impact beyond the farm-gate and RAW acknowledges the need to offer support at every stage.





Rural Alive and Well (RAW) was historically a support service for adults, after a couple of months at RAW CEO Barb Walters identified a gap in service delivery for rural youth aged between 14 – 18 years, who are at-risk.

RAW Next Gen Program was launched in November 2019 generously funded by the WD Booth Trust who have a history of support young Tasmanians.



A high number of young people living in rural areas will continue to live in those areas into adulthood, they will be the next generation (Next Gen) of our farmers and rural community members and potential leaders. It is important for RAW to ensure that the “Next Gen” are receiving the necessary support and have access to programs to increase their wellbeing, address their mental health challenges and build their capacity and resilience to assist them in dealing with adversity. Sadly, young people in rural areas are at higher risk of committing suicide than their urban peers, due to isolation and the lack of support services available.



RAW is a trusted organisation with established relationships with parents, schools, police and other community organisations, providing a clear and simple pathway to launch the RAW – Next Gen program.

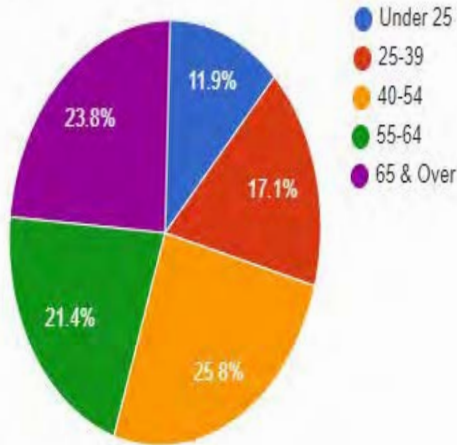
RAW culturally sensitive, strengths based and collaborative approach to delivering services empowers young people to actively engage and discover strategies for their wellness.

Referrals in the 2019/20 year have highlighted that young people in rural areas have had limited access to support and in most cases, family support is also needed. RAW has been able to create relationships with clients to link them to other professional services such as psychologists, doctors etc and supported them through this process.

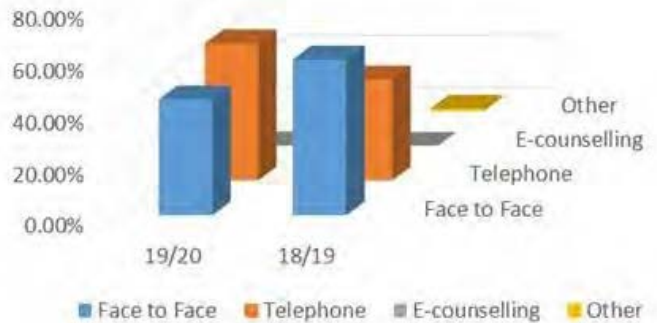
Next Gen is accessible through social media and a qualified youth worker is available at all times.

RAW IMPACT

Age of participants



Service Delivery Method



May I just say a huge THANK YOU to the RAW - Rural Alive & Well team at St Helens.

I received a phone call from Jane today, completely out of the blue, because she was trying to get in touch with every tourism and hospitality operator in our area to make sure they were okay.

Did I need someone to talk to given how severely our accommodation business has been hit in the last week? Am I feeling okay? Are I overwhelmed? Are I concerned about our financial position? She asked if we knew how to access not only financial help if required, but also Centrelink and mental health services.

Although I might not need help now, I certainly know that if I do, I'll be calling Jane back. I'm so impressed by the proactive approach - THIS is how we improve the world, but reaching out and checking if people are okay.

Thank you x



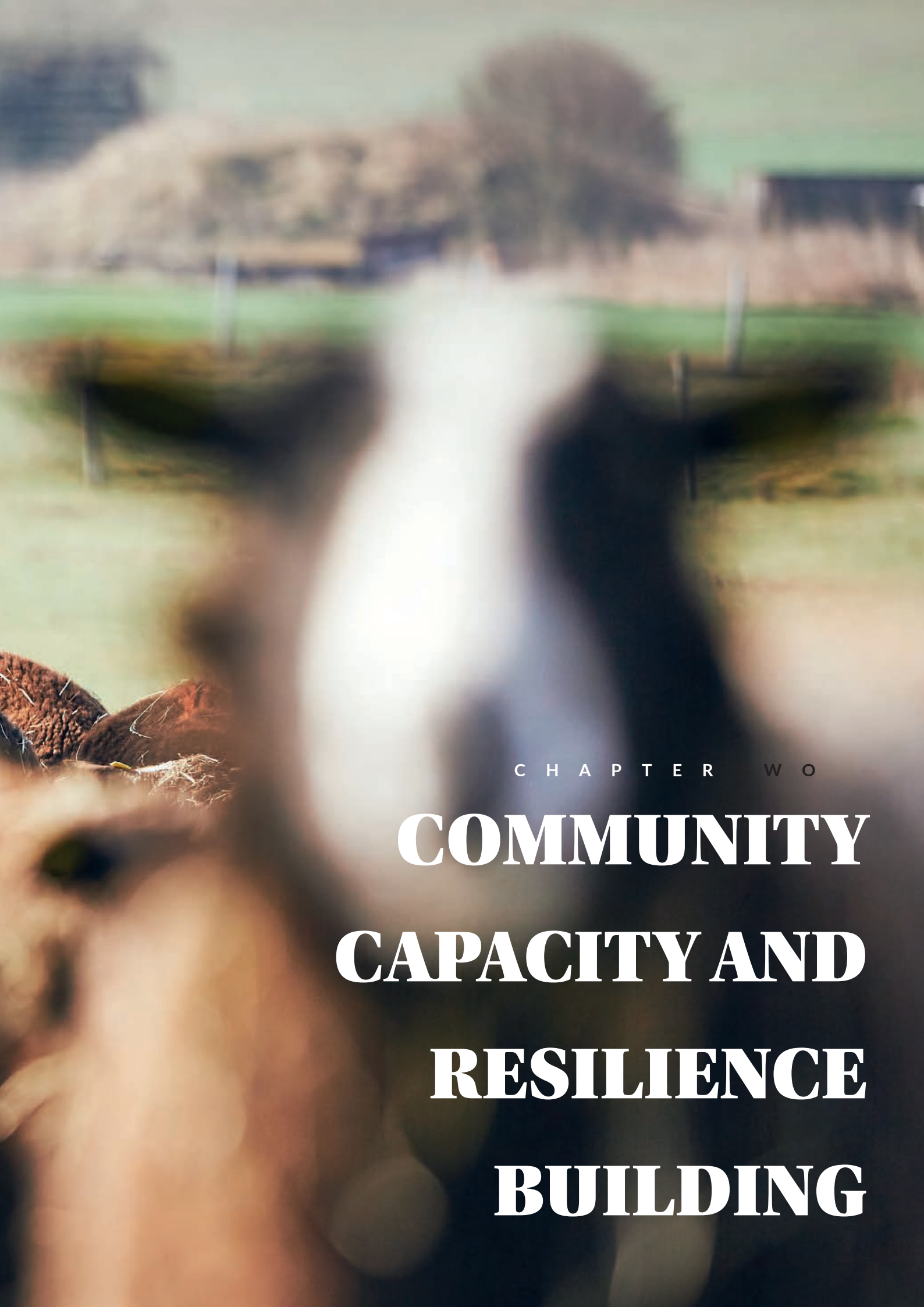
59.4%
Men



40%
Women

0.6% of clients may not have declared sex/gender or identify as non-binary.





C H A P T E R W O

**COMMUNITY
CAPACITY AND
RESILIENCE
BUILDING**



Wise Minds continues to grow in demand. From free half hour sessions with community groups and industry alike, to paid training and workshops: Wise Minds is being recognised nationally for mental health and wellbeing training and information. As a social enterprise, organisations who contract their mental health and wellbeing training to RAW are able to support state-wide rural suicide prevention. This serves as an excellent incentive for organisations who choose RAW.

RAW uses social media to highlight organisations who choose the Wise Minds program for their leadership and proactive approach to workplace mental health. Training paused due to COVID restrictions and RAW quickly pivoted to training via Zoom and other video conference platforms. Demand for online video conference training, workshops, webinars and presentations, increased rapidly and is still ongoing. Both of our instructors have upskilled to deliver Mental Health First Aid online which was a COVID response. There are three courses now available online

RAW's reputation and the skills of our instructors, Amity Deans and John Clark helped us to secure contracts which may have been outsourced to mainland providers prior to COVID border restrictions.





"Friendly staff/educators, easy to talk to. Thank you."

RAW has delivered training to the following organisations;

Simplot Australia

Tasmanian Oysters

VicWater (via webinar on how to manage the mental health of remote workers) North and Northwest Cancer Service

U3A

Glenhaven (Integrated Family Support service)

Northern Mental Health Nurses

Presented on Rural Male Suicide Prevention at Australian Men's Forum via Webinar Worksafe

Tas Stall

Collaboration with FarmSafe (Reference Group) – FarmSafe days

Mission Aust

Bell Bay

Australian Personnel Management

Child and Family Centre Beaconsfield

VicWater

MEN'S HEALTH CONNECTED

John Clark
Rural Alive and Well Tasmania

Guest Speaker
Strong, stoic and silent - does suicide prevention work for rural blokes?

4 June 11.45am-1pm AEST
menshealthconnected.com

AMHF
AUSTRALIAN MEN'S HEALTH FORUM

Industry Initiatives:

BELL BAY PEER SUPPORT PROGRAM

In recognition that people are more likely to talk to work mates about their problems than a professional – Bell Bay Aluminium has shown initiative and worked with RAW to develop the Peer Support Program, where staff from all departments were encouraged to consider becoming a peer support team member.

10 people successfully completed the training provided by RAW and now provide ongoing peer support to the wider workforce. RAW continues to train, upskill and provide monthly debriefing and support for the Bell Bay Aluminium peer support team.

We have almost completed the first year of the Peer Support Program, the program is going well.

Staff member, Steve works on site, he has attempted suicide 4 times in the last year. Steve reached out to a Peer Support member for support, he was unable to work full-time as his mental health declined. With the unwavering support from his peer support worker, his managers and RAW; he has recently returned to work in a full time capacity and starting to regain his wellness and plan for the future.*

RAW is able to offer additional support to Bell Bay Aluminium management and staff, the RAW team was called in following the suicide of a very well-known and respected crew leader who suicided in February. We were able to be onsite within two hours and provided support to crews over the following days, this is an example of RAW's responsiveness to need in our community.

*name changed

1300 Help Mate:

Inbound Phone Support

1300 HELP MATE - Talk to a local Reach Out Coordinator 24/7 - a non-judgmental ear providing support, encouragement and practical advice.



Outbound Phone Support

Reach Out Coordinators can provide a 'cold calling' service, reaching out to people via the phone and demonstrating genuine care with a proactive approach to providing ongoing practical and emotional support to individuals.

Sector Advocates:

RAW is focused on establishing stronger networks and partnering with other service providers and local communities, to develop and deliver strategies which enable communities to work together. These collaborations and networks provide RAW with an opportunity to share information and advocate for rural Tasmania's who are experiencing tough times.

RAW is represented at the Tasmanian Mental Health Leaders Forum and Rural Stakeholders Forum, providing a strategic platform for RAW to partner with other key stakeholders.

RAW was also invited to participate in 3 different working groups established in response to COVID-19.

Psychosocial Supports Working Group - Mental Health Council
COVID-19 Agricultural Coordination Meeting
COVID-19 Recovery (Recovery Partners Network)

RAW has two representatives on the Tasmanian Mental Health Reform Working Group. RAW staff also participate in local and regional stakeholder meetings across the state.

Recognized Achievements :

RAW was a finalist at the Tasmanian Community Achievement Awards 2019.

John Clark was also a state finalist for Best Lived Experience Speaker Tasmania by the Australian Men's Health Forum 2020





RAW celebrated 10 years of operation at Government house.



RAW at Bushfest 2019,



TasPolice Charity Golf Day 2019



Calvary Grant awarded to RAW in 2019.



Peer Support Program at Bell Bay Aluminium



Rotary Club of Latrobe 2019



The Blue Farmer Art Project





C H A P T E R T H R E E

FINANCIAL REPORT

Treasurers Report

For the Year Ended 30 June 2020.



The financial reports show very strong growth in revenue over the last three years of 29% and just over 11% from the 2019 year to the latest year.

Revenues from activities have reduced, but training income has grown strongly. This growth in “earned” income has been a deliberate strategy to broaden the base of revenue for RAW.

The costs of the organisation have also risen – but at a lower rate. Over the three years costs have risen by 22% and over the last year by 17%.

The main area of growth in costs has been in remuneration to employees, which have grown by \$392,062 over three years, and \$292,613 between 2019 and 2020. The real story behind this growth is the extension of our services to new areas. Our revenue has expanded to support those new areas of service, and our administrative costs have been reduced as a proportion of revenue.

RAW has strengthened its sources of revenue such that the Balance Sheet is very strong with resources of cash totaling \$542,416. Some of this cash was from revenue for the future delivery of services. In accordance with auditing practice these are treated as revenue in advance and therefore as liabilities on the Balance Sheet, in the same way as employee provisions for annual leave and Long Service Leave. Similarly, to these provisions the liabilities will be extinguished in an orderly way through the normal operations of the organisation.

Total depreciable assets have increased with the acquisition of several new cars this year. The Board has decided to alter the way depreciation is calculated so that the depreciation charge more fairly reflects the use of the relevant assets.

The substantial increase in liabilities reflects recognition that some revenue has been received in advance of the provision of the relevant services. This is the first year the recognition of these revenues in advance has been quantified in the financial statements.

The provision for sick leave has been removed from the Balance Sheet as it does not reflect normal accounting practice. The other unusual reserve is the provision for organisation wind up.

Previously it was set at a discreet figure, but the Board have decided that it should be a percentage of employee remuneration, and consequently it has been set at 7% this year and will move next year to 10% of total employee remuneration.

RAW is in a very strong financial position and its cash reserves have never been higher. Some changes to accounting policies have affected the 2020 results, and producing surpluses is a focus of the Board for 2021.

Andrew Dunbabin
Treasurer

Rural Alive & Well Inc

A.B.N. 65 712 033 425

Financial Report

For the Year Ended 30 June 2020

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Level 1, 18 Ross Avenue
Rosny Park TAS 7018

Phone: (03) 6244 5044
Fax: (03) 6244 7319

E-mail: info@accruhob.com.au

Rural Alive & Well Inc.

Income Statement

For the Year Ended 30 June 2020

	Note	2020 \$	2019 \$	2018 \$
INCOME				
Activities income		25,695	60,300	118,814
General income			-	23,410
Donations		50,218	145,756	99,019
Grant funding - DHHS		1,105,628	930,625	731,610
Fund - Prime Health Tas		339,896	333,436	326,495
Interest received		4,566	2,838	4,803
Training		154,661	68,684	32,503
Profit on Sale of MV		(1,402)	16,905	-
Other Income (Cash Boost)		50,000	-	4,545
Total Income		1,729,262	1,558,544	1,341,200
EXPENSES				
Accountancy and audit		7,044	5,086	6,015
Advertising		6,724	4,314	1,432
Bank charges		782	628	943
Board catering		997	401	174
Board expenses		41	195	59
Client brokerage			1,128	1,065
Depreciation		26,227	42,410	42,033
Dues and subscriptions		5,247	4,488	2,051
Electricity		4,020	4,177	5,081
Employee costs	3	1,488,737	1,196,124	1,096,675
External consultants		1,107	1,941	9,060
Insurance		63,921	56,116	79,812
Internet		764	764	955
IT - maintenance		7,565	5,370	5,957
IT - software		12,276	11,689	15,127
IT - website		595	1,249	595
Postage and shipping		831	625	210
Printing		9,975	19,597	2,455
Rates and charges		1,154	1,129	1,074
Recruitment		285	1,458	-
Rent and building maintenance		11,827	10,432	10,740
Review Costs			395	20,000

Rural Alive & Well Inc.

Income Statement

For the Year Ended 30 June 2020

	Note	2020 \$	2019 \$	2018 \$
Staff amenities		5,783	1,231	1,033
Stationery		5,945	6,926	7,595
Sundry expense		182	5,897	2,260
Telephone		11,595	14,809	19,678
Travel and accommodation		25,605	33,588	31,232
Vehicles and maintenance		82,785	82,231	86,463
Workshop Training Sessions		17,299	11,221	21,667
Workshop information session		1,329	10,003	3,408
Workshop seminars and conferences		7,001	7,796	4,620
Wind Up Costs Estimate		2,328		
Total Expenses		1,809,971	1,543,419	1,479,468
NET PROFIT		(80,709)	15,126	(138,268)

Rural Alive & Well Inc.

Balance Sheet

As at 30 June 2020

	Note	2020 \$	2019 \$	2018 \$
ASSETS				
Current Assets				
Cash	4	542,416	290,051	318,877
Trade and other receivables		11,896	64,212	52,713
Total Current Assets		554,312	354,263	371,590
Non-Current Assets				
Property, plant and equipment	5	303,361	129,562	121,097
Total Non Current Assets		303,361	129,562	121,097
TOTAL ASSETS		857,673	483,825	492,687
LIABILITIES				
Current Liabilities				
Trade and other payables	6	144,066	134,999	165,488
Income in Advance		369,000		
Unexpended grant money		8,837	38,378	46,970
Total Current Liabilities		521,903	173,377	212,458
Non-Current Liabilities				
Employee Provisions	7	102,190	119,590	104,787
Asset Purchase Loans		121,103		
Entity wind up costs	2	106,448	104,121	104,121
Total Non-Current Liabilities		329,741	223,710	208,908
TOTAL LIABILITIES		851,644	397,087	421,366
NET ASSETS		6,029	86,738	71,321
EQUITY				
Accumulated funds	8	6,029	86,738	71,321
TOTAL EQUITY		6,029	86,738	71,321

Rural Alive & Well Inc.

Statement of Cash Flows

For the Year Ended 30 June 2020

	Note	2020 \$	2019 \$	2018 \$
Cash flows from operating activities:				
Government grants, fees and other income		2,122,780	1,552,521	1,371,515
Interest received		4,566	2,838	4,803
Payments to suppliers and employees		(1,796,983)	(1,516,695)	(1,325,492)
Net cash (used in)/generated from operating activities	9	<u>330,363</u>	<u>38,663</u>	<u>50,826</u>
Cash flows from investing activities:				
Purchase & Sale of motor vehicles, plant and equipment		(199,101)	(67,489)	(32,190)
Net cash (used in)/generated from investing activities		<u>(199,101)</u>	<u>(67,489)</u>	<u>(32,190)</u>
Cash flows from financing activities:				
Proceeds from borrowings		121,103	-	-
Net cash (used in)/generated from financing activities		<u>121,103</u>	<u>-</u>	<u>-</u>
Net increase/ (decrease) in cash held and cash equivalents held		<u>252,365</u>	<u>(28,826)</u>	<u>18,636</u>
Cash and cash equivalents at beginning of financial year		<u>290,051</u>	<u>318,877</u>	<u>300,241</u>
Cash and cash equivalents at end of financial year		<u>542,416</u>	<u>290,051</u>	<u>318,877</u>

Rural Alive & Well Inc.

Statement of Changes in Equity

For the Year Ended 30 June 2020

	Retained Earnings \$	Retained Earnings \$
Balance 1 July 2018	71,321	209,589
Comprehensive Income		
Deficit for the year attributable to members of the entity	15,126	(138,268)
Prior Period Adjustment	291	-
Total comprehensive income attributable to members of the entity	15,417	(138,268)
Balance at 30 June 2019	86,738	71,321
Comprehensive Income		
Deficit for the year attributable to members of the entity	(80,709)	15,126
Prior Period Adjustment		291
Other comprehensive income for the year	-	-
Total comprehensive income attributable to members of the entity	(80,709)	15,417
Balance at 30 June 2020	6,029	86,738

Rural Alive & Well Inc.

Notes to the Financial Statements

For the Year Ended 30 June 2020

1 Accounting Policies

These financial statements are a special purpose financial report prepared in order to satisfy the reporting requirements of the *Association Incorporation Act (Tasmania) 1964*.

The committee have determined that the association is not a reporting entity and therefore there is no need to apply Australian Accounting Standards or other mandatory professional reporting requirements in the preparation and presentation of the financial statements.

The financial report has been prepared on an accruals basis and is based on historic costs modified by the revaluation of selected non-current assets, financial assets and financial liabilities for which the fair value basis of accounting has been applied.

The following specific accounting policies, which are consistent with previous periods unless otherwise stated, have been adopted in the preparation of this financial report:

(a) Property, Plant and Equipment

Each class of property, plant and equipment is carried at cost or fair value less, where applicable, any accumulated depreciation and impairment losses.

The depreciable amount of all fixed assets is depreciated on a straight-line basis over their useful lives commencing from the time the asset is held ready for use.

(b) Revenue

Grants and fundraising revenue are recognised when the entity obtains control over the funds, which is generally at the time of receipt.

Government grants are recognised as revenue in the period in which they are actually received.

Interest and other income is recognised on receipt.

(c) Goods and Services Tax (GST)

Revenue, expenses and assets are recognised net of the amount of GST, except where the amount of GST incurred is not recoverable from the Australian Taxation Office. In these circumstances the GST is recognised as part of the cost of acquisition of the asset or as part of an item of the expense. Receivables and payables in the balance sheet are shown inclusive of GST.

2.1 Economic Dependency

Although there is no reason to believe that funding will cease, the ongoing viability of the organisation as a going concern is dependent on continued Government funding.

A non-current liability of \$106,448 (last year \$104,121) has been quantified in the financial statements as at 30 June 2020. This amount has been determined and agreed upon by the members of R.A.W's Financial Audit Risk Committee to disclose forecasted costs that the organisation is expected to incur in order to wind up its operations, and discharge its obligations in the event that Government funding support is withdrawn.

2.2 Covid-19

Within Australia and globally, unprecedented measures have been introduced to control the spread of the COVID-19 outbreak, including travel and trade restrictions, restrictions on public gatherings and temporary business closures. These significant measures have had a sudden and substantial negative impact on global economic activity, with certain industry sectors experiencing unforeseen financial difficulties. Consequently, the functioning of global capital markets has been impaired by increased volatility and negative investor sentiment.

The expected duration and magnitude of the COVID-19 global pandemic and its potential implications on the global economy and financial markets remains unclear. Should these circumstances become severe or prolonged, it is expected to have a material adverse impact on the global and Australian economies, which in turn may have a material adverse impact on the entity's financial performance and position.

Rural Alive & Well Inc.

Notes to the Financial Statements

For the Year Ended 30 June 2020

	2020	2019	2018
	\$	\$	\$
3 Employee costs			
Wages and salaries	1,338,511	1,028,279	954,168
Superannuation	121,981	97,108	96,327
Long service leave provision	7,996	2,413	(10,530)
Annual leave provision	(846)	12,389	20,995
Sick leave provision	(24,550)	-	(7,103)
TOIL time paid	5,790	10,067	11,944
Training	3,220	11,971	10,389
Staff Supervision	7,428	13,903	10,215
Other employee expenses	29,207	19,994	10,269
	1,488,737	1,196,124	1,096,675
4 Cash			
ANZ - operating	78,641	9,612	53,170
ANZ - saver account	250,087	38,654	425
NAB - Term Deposit	153,403	150,176	-
CBA - operating	8,363	40,491	6,355
CBA - Term Deposit	51,922	-	208,626
CBA Term Dep. Interstate Fund		50,818	50,000
Petty Cash		300	300
	542,416	290,051	318,877
5 Property, Plant and Equipment			
<i>Note RAW has changed the depreciation method this year from Diminishing Value to Straight Line</i>			
Motor vehicles	410,988	281,554	336,116
Accumulated depreciation	(133,061)	(157,063)	(221,205)
Property & Equipment	46,064	24,267	21,323
Accumulated depreciation	(20,630)	(19,195)	(15,137)
	303,361	129,562	121,097
6 Trade and Other Payables			
Trade creditors	11,038	69,090	115,857
GST clearing	51,974	19,508	8,566
PAYG withholding payable	40,747	20,363	16,139
Superannuation payable	40,307	26,038	24,926
	144,066	134,999	165,488

Rural Alive & Well Inc.

Notes to the Financial Statements

For the Year Ended 30 June 2020

	2020	2019	2018
	\$	\$	\$
7 Employee Provisions			
Note change of policy: The provision for sick leave has been ceased. This is more in line with general accounting standards.			
Provision for long service leave	36,629	28,633	26,220
Provision for annual leave	65,561	66,407	57,108
Provision for sick leave	-	24,550	21,460
	102,190	119,590	104,787
8 Accumulated Funds			
Accumulated funds b/f	86,738	71,321	209,589
Prior Period Adjustment		291	
Net Profit for the period	(80,709)	15,126	(138,268)
Closing balance	6,029	86,738	71,321
9 Cash Flow Information			
Reconciliation of Cash Flows from Operations with Operating Surplus / (Deficit)	2020	2019	2018
	\$	\$	\$
Operating surplus / (deficit)	(80,709)	15,126	(138,268)
Depreciation	26,227	42,410	42,033
Profit on disposal of fixed assets	1,402	16,905	
Income in Advance	339,459		
Changes in net assets and liabilities:			
(Increase)/ decrease in receivables	52,316	(11,500)	13,148
Increase/ (decrease) in payables	9,067	(30,489)	108,580
Increase/ (decrease) in provisions & other liabilities	(17,400)	6,211	25,332
	330,363	38,663	50,826

Rural Alive & Well Inc

Officers' Assertion Statement

For the Year Ended 30 June 2020

The Committee has determined that the association is not a reporting entity and that this special purpose financial report should be prepared in accordance with the accounting policies outlined in Note 1 to the financial statements.

In the opinion of the Committee, the attached financial report:

1. Presents a true and fair view of the financial position of the Rural Alive & Well Inc, as at 30 June 2020 and its performance for the period 1 July 2019 to 30 June 2020;
2. At the date of this statement, there are reasonable grounds to believe that the Rural Alive & Well Inc, will be able to pay its debts as and when they fall due.

This statement is made in accordance with a resolution of the Committee and is signed for and on behalf of the Committee by:


.....
President


.....
Treasurer

Dated at Oatlands this^{9th}..... day of October, 2020

Independent Auditor's Report

To the members of Rural Alive & Well Inc

Opinion

We have audited the financial report of Rural Alive & Well Inc (the Entity), which comprises the statement of financial position as at 30 June 2020, the statement of comprehensive income, statement of changes in equity and statement of cash flows for the year then ended, and notes to the financial statements, including a summary of significant accounting policies and other explanatory information, and the declaration by those charged with governance.

In our opinion, the accompanying financial report presents fairly, in all material respects, the financial position of the Entity as at 30 June 2020 and of its financial performance and its cash flows for the year then ended in accordance with *Australian Charities and Not-for-profits Act 2012 (ACNC Act)*.

Uncertainty of continuation as a Going Concern

The entity has incurred a loss of \$80,709 for the 12 month period ended 30 June 2020. The financial report has been prepared on a going concern basis given its ability to trade profitably into the future through proposed changes to facilities and programs will impact its future ongoing operations.

If the entity cannot trade profitably, it may have to realise its remaining assets and settle its liabilities, other than in the normal course of business and at amounts other than as stated in the financial report.

Basis for Opinion

We conducted our audit in accordance with Australian Auditing Standards. Our responsibilities under those standards are further described in the *Auditor's Responsibilities for the Audit of the Financial Report* section of our report. We are independent of the Entity in accordance with the ethical requirements of the Accounting Professional and Ethical Standard Board's APES 110 *Code of Ethics for Professional Accountants* (the Code) that are relevant to our audit of the financial report in Australia. We have also fulfilled our other ethical responsibilities in accordance with the Code. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Emphasis of Matter – Basis of Accounting

We draw attention to Note 1 to the financial report, which describes the basis of accounting. The financial report has been prepared to assist Rural Alive & Well Inc to meet the requirements of the ACNC Act. As a result, the financial report may not be suitable for another purpose.

Responsibilities of Management and Those Charged with Governance for the Financial Report

Management is responsible for the preparation of the financial report in accordance with the ACNC Act, and for such internal control as Management determines is necessary to enable the preparation of the financial report that is free from material misstatement, whether due to fraud or error.


In preparing the financial report, Management is responsible for assessing the Entity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless Management either intends to liquidate the Entity or to cease operations, or has no realistic alternative but to do so.

Those charged with governance are responsible for overseeing the Entity's financial reporting process.

Auditor's Responsibility for the Audit of the Financial Report


Our objectives are to obtain reasonable assurance about whether the financial report as a whole is free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with Australian Auditing Standards will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of the financial report.

A further description of our responsibilities for the audit of the financial report is located at the Auditing and Assurance Standards Board website at: <http://www.auasb.gov.au/Home.aspx>. This description forms part of our auditor's report.



.....
Michael J Burnett B.Com. FCA
Registered Company Auditor
Partner, Accru+ Hobart
Lvl 1, 18 Ross Avenue
ROSNY PARK TAS 7018

12-10-20
.....
Date



" The financial reports show very strong growth in revenue over the last three years of 29% and just over 11% from the 2019 year to the latest year. ..RAW is in a strong financial position and its cash reserves have never been higher. "

Andrew Dunbabin, Treasurer





CHAPTER FOUR

CONTRIBUTORS & SUPPORTERS

THANK YOU!

Rural Alive & Well is an organisation of great value and we would like to thank our donors and funding partners for acknowledging our service. 2020 has been a challenging year for many and RAW's resilience and commitment to maintain and develop our programs throughout the Covid-19 global pandemic has kept Tasmanians safe in a particularly challenging time.

In the face of adversity, Rural Alive & Well have continued to provide tailored support and skilled, professional service.

Want to be a mate of Raw?
To sign up for quarterly news, receive notices of our seasonal appeals or donate, please call
6254 1092.
or
go to <https://www.rawtas.com.au/donations>

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LorraineJohnson
Senator Claire Chandler
Lions Club of St HelensInc
Cromarty
Rural Press Limited
IanMcMichael**



RAW will continue to support Tasmanians doing it tough in 2020 and beyond with our dedicated team of professionals.

Executive Team:

Barb Walters CEO

Spencer Cannell EO

Andrew Dean Operations Manager

Nevenka Alempijevik Practice Consultant

Leadership Team:

John Clark

Julie Ellis

Channi Jones

Kristy Worker-Mayne

Program/ Admin Team:

Amity Deans

Andrew Baker

Chris Claridge

Ebony De Jesus

Eleanor Lyall

Kristy Tucker

Madelyn Munday

Peter Owen

Rene Gent

Rhonda Gee Mackrill

Tracey Wighton

Trixy Adams

A scenic view of a winding asphalt road through lush green fields and trees. The road curves through a valley, surrounded by vibrant green grass and dense foliage. The sky is bright, and the overall atmosphere is peaceful and rural.

**RURAL ALIVE & WELL INC
WILL CONTINUE TO SERVE
TASMANIA.
THANK YOU FOR PLACING
YOUR TRUST IN US.**